

December 1 - December 31

## What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Mixed Fruit Cup-1/2 c. Strawberry Shredded Wheat Cereal-1 oz. W/G Pineapple Muffin-2 oz. Milk-8 oz.	2 Applesauce Cup-1/2 c. 100% Apple Juice-4 oz. Whole Wheat Bagel with Cream Cheese-1 Milk-8 oz.	3 Fresh Orange-1 W/G Superdonut-2 oz. Milk-8 oz.	4 Cherry Craisins-1/2 c. 100% Orange/Tang, Juice-4 oz. W/G Cocoa Roos Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.
7 Fresh Orange-1 W/G Blueberry Pop Tart-2 Milk-8 oz.	8 Mandarin Orange Cup-1/2 c. 100% Orange/Tang/Juice-4 oz. W/G Apple Muffin-2 oz. W/G Trix Cereal-1 oz. Milk-8 oz.	9 Applesauce Cup-1/2 c. 100% Fruit Punch-4 oz. W/G Cinnamon Raisin Bagel w/ Cream Cheese-1 Milk-8 oz.	10 Fresh Apple-1 W/G Apple Jacks Cereal-1 oz. W/G Strawberry Waffle Grahams-2 Milk-8 oz.	11 Fresh Pear-1 Honey Graham Toasters Crf-1 oz. Apple Breakfast Bar-1 Milk-8 oz.
14 Diced Peach Cup-1/2 c. 100% Orange/Tang/Juice-4 oz. W/G Corn Chex Cereal-1 oz. Strawberry Breakfast Bar-1 Milk-8 oz.	15 Mango Applesauce Cup-1/2 c. 100% Apple Juice-4 oz. W/G Fruity Pebbles-1 oz. W/G Banana Muffin-2 oz. Milk-8 oz.	16 Fresh Apple-1 W/G Croissant with Margarine-2.2 oz. Milk-8 oz.	17 Fresh Orange-1 W/G Cinn. Toasters Cereal-1 oz. W/G Maple Waffle Grahams-2 Milk-8 oz.	18 Golden Apple-1 W/G Multigrain Cheerios-1 oz. W/G Corn Muffin-2 oz. Milk-8 oz.
21 Mixed Berries Applesauce Cup-1/2 c. 100% Apple Juice-4 oz. W/G Fruity Cheerios-1 oz. Apple Breakfast Bar-1/Milk-8 oz.	22 Fresh Orange-1 W/G Fruit Loops-1 oz. W/G Banana Muffin-2 oz. Milk-8 oz.	23 Fresh Apple-1 W/G Blueberry Shredded Wheat Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.	24 NO SCHOOL	25 <b>MERRY CHRISTMAS</b>
28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Turkey and Cheese on a Whole Grain Kaiser Roll-1 Fresh Carrots with Dip-3/4c Applesauce Cup-1/2 c. Milk-8 oz.	2 Beef Taco's with Shredded Cheddar Cheese-2 Corn-3/4 c. 6" Flour Tortilla-2 Mandarin Orange Cup-1/2 c. Milk-8 oz.	3 Beef Bologna and Cheese on Wheat Kaiser Roll-1 Celery Sticks w/Dip-3/4c Mango Applesauce Cup-1/2c Milk-8 oz.	4 3x5 Pizza Slice-2 Slices Fresh Green Beans-3/4c Fresh Orange-1 Milk-8 oz.
7 Sliced chicken and Cheese on a Whole Wheat Bun-1 Strawberry Kiwi Juice-4oz Peach Applesauce Cup-1/2c Milk-8 oz.	8 Sun Butter and Jelly Uncrustable on Whole Grain Bread-1 100% Grape Juice-4oz Mixed Fruit Cup-1/2 c. Milk-8 oz.	9 All Beef Hot Dog on a Whole Wheat Bun-1 Vegetarian Beans-3/4 c. Fresh Banana-1 Milk-8 oz.	10 Turkey Ham and Swiss Cheese on a Whole Wheat Roll-1 100% Fruit Punch-4oz Fresh Orange-1 Milk-8oz	11 3x5 Pizza Slice-2 Slices Sliced Cucumber W/Dip-3/4c Craisins-1 Milk-8 oz.
14 Turkey Breast & Provolone Cheese on W/G Sub Roll-1 Fresh carrots w/Dip-3/4c Diced Peach Cup-1/2c Milk-8 oz.	15 All beef Italian Sub-1 Beef Bologna Beef Salami and American Cheese Jello Cup-1 Milk-8 oz.	16 Grilled Chicken Tacos with Shredded Cheddar Cheese-2 Broccoli Florets-3/4 c. W/G 6" Flour Tortilla-2 Cherry Craisins-1/2 c. Milk-8 oz.	17 Hummus Cup-1/2c W/G Pretzels-8oz Blueberry Yogurt-4oz Fresh Apple-1 Milk-8 oz.	18 3x5 Pizza Slice-2 Slices Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c. Milk-8 oz.
21 Sun Butter and Jelly Uncrustable on whole grain Bread-1 100% Apple Juice-4oz Strawberry Applesauce Cup-1/2c Milk-8oz	22 Chicken Salad on a Whole Grain Potato Roll-1 100% Fruit Punch-4oz Fresh Banana-1 Milk-8 oz.	23 Beef Meatloaf w/ Ketchup-3 oz. Seasoned Diced Potatoes-3/4 c Rasp. Lemonade Craisins-1/2 c Whole Wheat Dinner Roll Milk-8 oz.	24 NO SCHOOL	25 <b>MERRY CHRISTMAS</b>
28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	