

December 1 - December 31

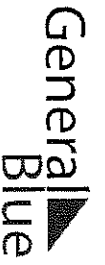
What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Grilled Chicken Parmigiana-4oz Diced Carrots-1c Whole Grain Bread-1 Mixed Fruit Cup-1/2c Milk-8oz	2 All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries-3/4c Fresh Orange-1 Milk-8 oz.	3 3x5 Pizza-2 Slices Sliced Cucumber Cup W/Dip-3/4c Fresh Banana-1 Milk-8oz
6 All Beef Hamburger on a Whole Wheat Bun-1 Roasted Potato-3/4c Fresh Pear-1 Milk-8oz	7 Chicken Taco's with Cheddar Cheese-2oz Corn-3/4c 6"Flour Tortilla-2 Fresh Apple-1 Milk-8oz	8 Turkey and Cheese on a Whole Grain Kaiser Roll-1 Black Bean and Corn Salad-3/4 c Fresh Orange Milk-8 oz.	9 Beef Empanada-5oz Romaine Salad W/Dressing Apple Sauce Cuo-1 Milk-8 oz.	10 3x5 Pizza-2 Slices Tomato Cup W/ Dip-3/4c Jello Cup-1 Milk-8 oz.
13 Beef Meatloaf w/ Ketchup-3 oz Green Beans-3/4 c. Whole Wheat Dinner Roll Fresh Orange-1 Milk-8 oz.	14 Beef Taco with Cheddar Cheese-2oz Rice-3/4c Fresh Banana-1 Milk-8 oz.	15 Italian Sub-4oz Turkey Ham, Beef Salami and Provolone Cheese on a Whole Wheat Sub Roll-1 Fresh Carrots W/Dip-1c Fresh Apple-1 / Milk-8oz	16 Meatballs w/ Sauce on a Whole Wheat Sub Roll-1 Mashed Potatoes-3/4c Cherry Craisins-1/2 c. Milk-8 oz.	17 3x5 Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c. Peach Applesauce Cup-1/2 c. Milk-8 oz.
20 W/G Popcorn Chicken-3/8 oz. Vegetarian Beans-3/4 c Fresh Orange-1 Whole Wheat Dinner Roll-1 Milk-8 oz.	21 Beef Nachos with Cheddar Cheese Sauce- Green Beans-3/4 c. Jello Cup-1 Milk-8 oz.	22 Toasted Cheese Sandwich on Whole Wheat Roll-1 Fresh Broccoli W/Dip-3/4c Fresh Apple-1 Milk-8oz	23 Turkey Ham and Swiss Cheese on a Kaiser Roll-1 Celery Sticks W/Dip-3/4c Craisins-1/2c Milk-8oz	24 NO SCHOOL WINTER BREAK
27 NO SCHOOL WINTER BREAK	28 NO SCHOOL WINTER BREAK	29 NO SCHOOL WINTER BREAK	30 NO SCHOOL WINTER BREAK	31 NO SCHOOL WINTER BREAK

December 1 - December 31

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Fresh Pear-1 Whole Wheat Bagel with Cream Cheese-1 oz. Milk-8 oz.	2 Fresh Apple-1 W/G Toasted Oats Cereal-1 oz. W/G Raisin Bread with Margarine-1 Milk-8 oz.	3 Fresh Orange-1 W/G Rice Krispies-1 oz. W/G Pineapple Muffin-2 oz. Milk-8 oz.
6 Fresh Apple-1 W/G Honey Scooters-1 oz. W/G Graham Crackers-3 Milk-8 oz.	7 Applesauce Cup-1/2 c. 100% Fruit Punch-4 oz. W/G Mini Glazed Breakfast Bites-2.75 oz. Milk-8 oz.	8 Fresh Pear-1 W/G White Bagel with Cream Cheese-1 oz. Milk-8 oz.	9 Fresh Apple-1 W/G Frosted Flakes-1 oz. W/G Strawberry Waffle Grahams-2 Milk-8 oz.	10 Fresh Orange-1 W/G Honey Graham Toasters Crl-1 oz. W/G Blueberry Pomegranate Breakfast Bar-1 Milk-8 oz.
13 Pineapple Cup-1/2 c. 100% Grape Juice-4 oz. W/G Apple Jacks Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.	14 Fresh Red Apple-1 W/G Fruit Loops Cereal-1 oz. W/G Blueberry Muffin-2 oz. Milk-8 oz.	15 Fresh Orange-1 W/G Croissant with Margarine-2.2 oz. Milk-8 oz.	16 Fresh Pear-1 W/G Cocoa Puffs Cereal-1 oz. W/G Maple Waffle Grahams-2 Milk-8 oz.	17 Granny Smith Apple-1 W/G Frosted Mini Wheat Cereal-1oz 100% Apple Juice-4oz Breakfast Bar-1 Milk-8oz
20 Fresh Apple-1 W/G Strawberry Pop Tarts-2 Milk-8 oz.	21 Fresh Pear-1 W/G Mini Glazed Breakfast Bites-2.75 oz. Milk-8 oz.	22 Fresh Orange-1 W/G Cinnamon Raisin Bagel with Cream Cheese-1 oz. Milk-8 oz.	23 Fresh Apple-1 W/G Rice Krispies-1 oz. W/G Blueberry Pomegranate Breakfast Bar-1 Milk-8 oz.	24 NO SCHOOL WINTER BREAK
27 NO SCHOOL WINTER BREAK	28 NO SCHOOL WINTER BREAK	29 NO SCHOOL WINTER BREAK	30 NO SCHOOL WINTER SCHOOL	31 NO SCHOOL WINTER BREAK



DECEMBER 2021

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday						
1			1 Fresh Fruit Oatmeal Cookie	2 Fresh Fruit Go-Gurts Yogurt	3 Fresh Fruit Graham Cracker	4
5	6 Fresh Fruit Granola Bar	7 Fresh Fruit Goldfish	8 Fresh Fruit Cheese Stick	9 Fresh Fruit Cheese-It	10 Fresh Fruit Pretzels	11
12	13 Fresh Fruit Veggie Straws	14 Fresh Fruit Animal Crackers	15 Fresh Fruit Peanut Butter Crackers	16 Fresh Fruit Oatmeal Cookie	17 Fresh Fruit Go-Gurts Yogurt	18
19	20 Fresh Fruit Graham Cracker	21 Fresh Fruit Granola Bar	22 Fresh Fruit Goldfish	23 Fresh Fruit Cheese Stick	24 NO SCHOOL WINTER BREAK	25 MERRY CHRISTMAS
26	27 WINTER BREAK	28 WINTER BREAK	29 WINTER BREAK	30 WINTER BREAK	31 WINTER BREAK	