

March 1 - March 31

What's Cooking Today?

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| 7 Potato & Cheese Pierogies-3 Salad W/Dressing-3/4c Whole Wheat Dinner Roll Fresh Orange-1 Milk-8 oz. | 8 Chicken Taco's W/ Shredded Cheddar Cheese-2oz Fresh Green Beans-3/4c 6" Flour Tortilla-2 Fresh Banana-1 Milk-8oz | 9 Salisbury Steak with Gravy-3oz Mashed Potatoes-3/4c Dinner Roll-1 Fresh Apple-1 Milk-8oz | 10 All Beef Italian Sub-1 Beef Bologna Beef Salami American Cheese Fresh Carrots W/Dip-3/4c Pudding Cup-1 Milk-8oz | 11 French Bread Pizza-1 Sliced Cucumber Cup W/Dip-3/4c Peach Applesauce Cup-1/2 c. Milk-8 oz. |
| 14 Macaroni and Cheese-8oz Fresh Broccoli-3/4c Dinner Roll-1 Fresh Orange-1 Milk-8 oz. | 15 Beef Taco's W/ Shredded Cheddar Cheese-2oz Rice-3/4c 6" Flour Tortilla-2 Clementine-1 Milk-8 oz. | 16 Meatball Parm on a W/G Roll-1 Salad W/Dressing 1 1/2c Fresh Apple-1 Milk-8 oz. | 17 Toasted Cheese Sandwich on Whole Wheat Bread-1 Celery Sticks w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz. | 18 Turkey and Cheese on a Potato Roll-1 Fresh Carrots W/Dip-3/4c Fruit Cup-1 Milk-8 oz. |
| 21 All Beef Hot Dog on a Whole Wheat Bun-1 Corn-3/4c Fresh Apple-1 Milk-8 oz. | 22 Chicken Taco's W/Shredded Cheddar Cheese-2oz Brown Rice-3/4c 6" Flour Tortilla-2 Fresh Pear-1 Milk-8oz | 23 BREAKFAST FOR LUNCH French Toast Sticks w/ Syrup-3 Turkey Sausage Links-3 oz. Carrot Sticks w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz. | 24 Ham and Cheese on a Potato Bun-1 Fresh Carrots W/Dip-3/4c Applesauce Cup-1 Milk-8 oz. | 25 French Bread Pizza-1 Tomato Cup-3/4c Jello Cup-1 Milk-8 oz. |
| 28 All Beef Hamburger on a Whole Wheat Bun-1 Tater Tots 3/4c Fresh Apple-1 Milk-8 oz. | 29 Beef Taco's with Cheese Sauce 8oz Fresh Celery W/Dip 3/4c W/G Tortilla Scoops-1oz Applesauce Cup-1 Milk-8 oz. | 30 Popcorn Chicken 3.8oz Corn-3/4 c. Dinner Roll-1 Fresh Banana-1 Milk-8 oz. | 31 Sliced Chicken and Cheese on a Whole Wheat Bread-1 Fresh Carrots W/Dip 3/4c Fresh Orange-1 Milk-8 oz. | |

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|--|---|---|--|---|
| | 1 Applesauce Cup-1/2 c. 100% Fruit Punch-4 oz. Whole Grain Honey Bun-1 Milk-8 oz. | 2 Fresh Pear-1 W/G White Bagel with Cream Cheese-1 oz. Milk-8 oz. | 3 Fresh Apple-1 Honey Scooters Cereal-1 oz. W/G Strawberry Waffle Grahams-2 Milk-8 oz. | 4 Fresh Orange-1 W/G Honey Graham Toasters Ctl-1 oz. W/G Cranberry Muffin-2 oz. Milk-8 oz. |
| 7 Pineapple Cup-1/2 c. 100% Grape Juice-4 oz.. W/G Rice Krispies-1 oz. W/G Graham Crackers-3 Milk-8 oz. | 8 Fresh Red Apple-1 W/G Cinnamon Toasters Ctl-1 oz. W/G Apple Muffin-2 oz. Milk-8 oz. | 9 Fresh Orange-1 W/G Croissant with Margarine-2.2 oz. Milk-8 oz. | 10 Fresh Pear-1 W/G Fruit Loops Cereal-1 oz. W/G Maple Waffle Grahams-2 Milk-8 oz. | 11 Granny Smith Apple-1 W/G Strawberry Pop Tarts-2 Milk-8 oz. |
| 14 Fresh Apple-1 W/G Honey Scooters-1 oz. W/G Strawberry Breakfast Bar-1 Milk-8 oz. | 15 Fresh Pear-1 Whole Grain Honey Bun-1 Milk-8 oz. | 16 Fresh Orange-1 W/G Cinnamon Raisin Bagel with Cream Cheese-1 oz. Milk-8 oz. | 17 Fresh Apple-1 W/G Frosted Flakes-1 oz. W/G Banana Muffin-2 oz. Milk-8 oz. | 18 Fresh Orange-1 W/G Honey Graham Toasters Cereal-1 oz. W/G Vanilla Bear Grahams-2 Milk-8 oz. |
| 21 Fresh Orange-1 Multigrain Cheerios-1 oz. W/G Strawberry Breakfast Bar-1 Milk-8 oz. | 22 Fresh Apple-1 W/G Supndonut-2 oz. Milk-8 oz. | 23 Mandarin Orange Cup-1/2 c. 100% Apple Juice-4 oz. W/G Croissant with Margarine-2.2 oz. Milk-8 oz. | 24 Fresh Pear-1 W/G Blueberry Pop Tarts-2 Milk-8 oz. | 25 Granny Smith Apple-1 W/G Cinnamon Toasters Ctl-1 oz. W/G Raisin Bread with Margarine-1 Milk-8 oz. |
| 28 Fresh Pear-1 W/G Frosted Flakes-1 oz. W/G Graham Crackers-3 Milk-8 oz. | 29 Fresh Apple-1 Honey Scooters Cereal-1 oz. W/G Blueberry Muffin-2 oz. Milk-8 oz. | 30 Fresh Orange-1 W/G Wheat Bagel with Cream Cheese-1 oz. Milk-8 oz. | 31 Fresh Pear-1 W/G Fruit Loops Cereal-1 oz. W/G Maple Waffle Grahams-2 Milk-8 oz. | |